

SUSTAINABLE DEVELOPMENT GOALS



SDG 3: GOOD HEALTH AND WELL-BEING

Al Ain University



جامعة العين
AL AIN UNIVERSITY

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SUSTAINABLE DEVELOPMENT GOAL 3

Local Community Health & Wellbeing Outreach Programmes

DIRECT ANSWER: — PROGRAMMED AND AD HOC

Al Ain University delivers health and wellbeing outreach through formally planned community-engagement structures, recurring campaigns, partnership-based programmes and student volunteering, complemented by responsive one-off events.

INDICATOR RESPONSE

1. Executive finding

Al Ain University (AAU), acting through the Deanship of Student Affairs, its Community Engagement Office, academic colleges, student clubs and external partners, delivers both programmed and ad hoc outreach that promotes health and wellbeing. The strongest current evidence is not a list of isolated celebrations: it shows a delivery system, repeated campaigns across years, formal partner programmes, student participation and outreach to groups with distinct needs.

Classification used in this report

Programmed = planned, repeated or formalised delivery with continuity evidence. Ad hoc = a documented one-off event or responsive activity. An initiative is not labelled programmed merely because AAU describes it as part of its general commitment.

1.1 Evidence-led answer to the question

Assessment dimension	Finding	Evidence position
PROGRAMMED	Yes	Annual activities planning and year-end implementation; recurring blood-donation campaigns in 2024, 2025 and 2026; curriculum-integrated Universal Design for Inclusion programme under a formal MoU; standing Community Engagement Office.
AD HOC	Yes	Documented outreach on screenings, smoking prevention, breast-cancer awareness, sports and nutrition, older-person wellbeing, disability-inclusive sport, family wellbeing and youth drug prevention.
UNIVERSITY AS A BODY	Yes	Delivery is publicly attributed to institutional units and colleges, often with health providers, municipalities, rehabilitation bodies and national associations—not solely to unaffiliated individuals.
LOCAL COMMUNITY REACH	Demonstrated	Off-campus volunteering, community-provider partnerships, donation campaigns supporting the health system, and initiatives involving older persons and People of Determination/chronic-condition communities.

PROGRAMMED DELIVERY

2. Programmed outreach portfolio

AAU's programmed case rests on four complementary forms of continuity: governance and annual planning; a multi-year health-system support campaign; a formal, curriculum-integrated inclusion programme; and standing student/community-engagement mechanisms. Together they show that outreach is organised, repeatable and institutionally owned.

ID	Programme	Proof of programming	Classification	Sources
P1	Institutional planning and coordination	Student Activities Unit plan; year-end completion notice; Community Engagement Office	Planned / annual	E02–E04
P2	Blood-donation campaign series	Publicly documented campaigns in 2024, 2025 and 2026	Recurring	E06–E09
P3	Universal Design for Inclusion	Formal MoU; curriculum integration; workshops; end-user engagement; project outputs	Formal programme	E10–E13
P4	Student and college outreach channels	Clubs, volunteering, awareness campaigns and health-partner activities	Standing mechanism	E04–E05

2.1 P1 — Institutional planning and coordination

What is public. The Deanship of Student Affairs publishes a Student Activities Unit 'Activities Plan', and AAU published a conclusion notice for the 2025–2026 academic-year activities. A standing Community Engagement Office describes university-level functions that include seminars and workshops for schools and colleges, participation in external organisations' events, awareness campaigns on breast cancer and smoking, and visits to orphanages and special-needs centres.

Why this is programmed. The evidence identifies an organisational owner, a planning instrument, an implementation close-out and recurring delivery channels. This is stronger than relying on event language such as 'ongoing commitment' without a planning record.

Safeguard. The planning evidence establishes the delivery framework; individual programme claims in this report are separately supported by dated event or partner records.

Public evidence: [E02 AAU Student Activities Unit — Activities Plan](#) • [E03 Deanship of Student Affairs concludes the 2025–2026 academic-year activities](#) • [E04 AAU Community Engagement Office](#) • [E31 AAU Annual Report 2024–2025](#)

Activities Plan (Second Semester of the Academic Year 2025-2026)

This unit seeks to activate the students' role in extracurricular college life by organizing events and various scientific, cultural, artistic, sports, and health activities that contribute to the student's academic and extracurricular needs, as well as the development of multiple skills leading to refine his/her character in a positive direction. To achieve these goals, the unit ensures that students have an active role in choosing activities and participating in certain events.

Month	Type of Activity	Activity / Effectiveness	SDG
January	Cultural & Social	Safari Trip	SDG3:Good Health and Wellbeing
		A lecture entitled "The Impact of Electronics on the Emirati Dialect"	SDG4:Quality Education
		Cultural Excellence Competition at Al Ain University 2025-2026	SDG4:Quality Education SDG17:Partnership for the Goals
		Family legal consultations entitled (Why is divorce so common?)	SDG4:Quality Education
	Health	An Open Health Day in collaboration with Ego Pharmaceuticals - Healthy Skin Science	SDG3:Good Health and Wellbeing
	Sports	Table Tennis	SDG3:Good Health and Wellbeing
February	Cultural & Social	Workshop titled"Your First Steps Towards Job Opportunities"	SDG4:Quality Education
		Ramadan Students' Iftar	SDG3: Good Health and Wellbeing
		A workshop entitled "Compassionate Hands in Ramadan"	SDG1: No Poverty
		Lecture during Ramadan	SDG4:Quality Education
		Emirati Education Day	SDG4:Quality Education
	Health	First Aid Course	SDG3: Good Health and Wellbeing
		Event on World Cancer Day	SDG4:Quality Education

April	Cultural & Social	A lecture entitled "Principles of Success	SDG4:Quality Education
		A lecture titled "People of Determination within the Family"	SDG4:Quality Education
		Interview with the first Emirati woman to tame predatory animals	SDG4:Quality Education
	Health	Mobile Eye Examination Bus	SDG3: Good Health and Wellbeing
	Sports	Chess Championship	SDG3: Good Health and Wellbeing
May	Cultural & Social	An event titled "Colleges Challenge"	SDG4:Quality Education
		A lecture titled "Self-Training Strategy"	SDG4:Quality Education
	Health	Blood Donation Campaign	SDG3: Good Health and Wellbeing
	Sports	Basketball Tournament	SDG3: Good Health and Wellbeing
Jun 2026	Cultural & Social	A lecture titled "Empowering Youth for Marriage"	SDG4:Quality Education
	Health	An Open Healthy Day	SDG3: Good Health and Wellbeing
	Sports	Sports Day	SDG3: Good Health and Wellbeing
July	Cultural & Social	Emergency and Public Safety Awareness Course	SDG4:Quality Education
	Health	An Open Healthy Day	SDG3: Good Health and Wellbeing
	Sports	Sports Day	SDG3: Good Health and Wellbeing
Aug	Cultural & Social	Emirati Women's Day With the General Women's Union	SDG17:Partnership for the Goals

The Deanship of Student Affairs Concludes the Activities of the 2025–2026 Academic Year



The Deanship of Student Affairs at the Al Ain campus organized the closing ceremony for student activities for the academic year. The event was attended by Prof. Ibtehal Aburezeq, Vice President for Development and Follow-up and Dean of Student Affairs, along with faculty, administrative staff, and students. The ceremony celebrated student achievements and honored outstanding students and participants in various student activities and programs.

The event showcased the most prominent initiatives and activities organized by the Deanship during the academic year, which contributed to developing students' academic, personal, and social skills. It also highlighted their scientific, cultural, and volunteer achievements.

The ceremony included honoring outstanding students in recognition of their efforts and active contributions to enhancing the university environment and supporting the pursuit of excellence and innovation within the university.

Prof. Ibtehal Aburezeq, emphasized that this ceremony stems from the Deanship's commitment to fostering a culture of appreciation and motivation and encouraging students to continue their active participation in activities and programs that contribute to building their character and developing their abilities. The ceremony concluded amidst a festive atmosphere that reflected a spirit of achievement and belonging, with attendees praising the successes achieved during the academic year and looking forward to more excellence and success in the coming years.

Community Engagement Office

This office aims to strengthen the University's ties with the community and to help advance it in all aspects so as to cater for the various needs and requirements. The University also exerts all effort to establish its place in the local community to enhance the society's realization of AAU's significance as an academic institution well-deserving of the community's support to achieve its goal of providing the nation with a mature, intellectual generation that will serve the community in all aspects. The activities which help accomplish these goals include, but are not restricted to:

Offering high school top scoring students scholarships.

Delivering seminars and workshops for various institutions such as schools and colleges.

Contacting other universities to exchange experience and student activities.

Taking part in events organizations hold such as awareness campaigns.

Preparing for national events in line with the nation's celebrations.

Organizing awareness campaigns for numerous issues of relevance and importance to the whole community such as breast cancer, smoking, and safe driving.

Arranging different visits to social organizations such as orphanages, and special needs' centers.

AAU Annual report



Community Engagement

Community engagement is a key component of AAU's strategic plan, identified as Strategic Goal 6. The Deanship of Student Affairs, along with the Colleges and Administrative Units, share responsibilities for promoting community engagement. These activities are designed and conducted by the Deanship of Student Affairs and the Colleges based on the needs of the community. The total number of activities carried out during the academic years 2022–2025 is illustrated below, along with a breakdown of the activities performed by each College.

	University Activities			Community Engagement Activities			Total		
	2022-2023	2023-2024	2024-2025	2022-2023	2023-2024	2024-2025	2022-2023	2023-2024	2024-2025
Deanship of Students Affairs	77	80	83	60	65	68	137	145	148
Engineering	10	10	12	15	18	20	25	28	30
Pharmacy	12	13	15	18	20	22	30	33	35
Law	15	18	19	13	15	16	28	33	34
Education, Humanities, and Social Sciences	20	26	29	20	25	28	40	51	54
Business	13	16	19	17	22	25	30	38	41
Communication and Media	12	16	18	15	19	21	27	35	37
Total	159	179	195	158	184	200	317	363	379

2.2 P2 — Recurring blood-donation campaign series

AAU has a clear public sequence of blood-donation campaigns: ‘Give Life, Donate Blood’ in 2024; a Giving and Social Responsibility campaign and ‘Drop of Hope’ in 2025; and ‘Your Donation Saves Lives’ in 2026. The repeated delivery across three calendar years supports classification as a programmed campaign series rather than a single ad hoc event.

Health-system contribution: mobilises donors and supports the wider blood-supply ecosystem.

Student/community participation: turns volunteering and donation into direct health service to people who need transfusions.

Evidence boundary: AAU’s public pages establish recurrence, but no consolidated donor or blood-unit total was located; this report does not invent one.

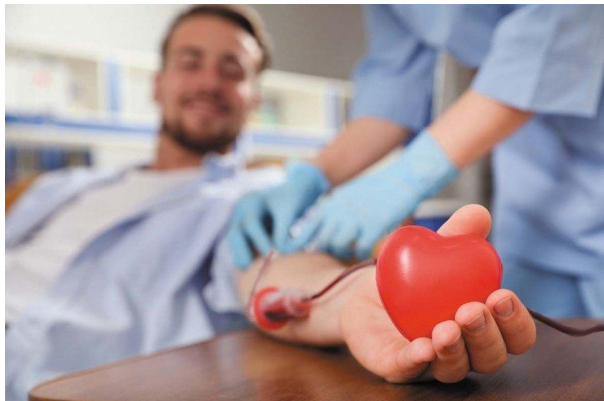
Public evidence: [E06 2024 blood-donation campaign — Give Life, Donate Blood](#) • [E07 2025 blood-donation campaign — Giving and Social Responsibility](#) • [E08 2025 Drop of Hope blood-donation campaign](#) • [E09 2026 blood-donation campaign — Your Donation Saves Lives](#)

Al Ain University Organizes Blood Donation Campaign Under the Slogan “Give Life, Donate Blood”

The Deanship of Student Affairs at Al Ain University – Abu Dhabi Campus organized a blood donation campaign under the slogan “Give Life, Donate Blood,” in collaboration with Abu Dhabi Blood Bank Services

– SEHA, as part of its ongoing community service initiatives. The Deanship of Student Affairs emphasized the university's commitment to organizing regular blood donation campaigns, aiming to enhance its social responsibility, promote values of social cohesion, and encourage volunteerism and charity work. The campaign saw significant participation from faculty, staff, and students, reflecting their enthusiasm to support the campaign's objectives and contribute to humanitarian efforts within the community.

Blood Donation Campaign: Promoting the Spirit of Giving and Social Responsibility



The Deanship of Student Affairs at the Al Ain campus, in cooperation with the Tolerance Club, organized a blood donation campaign in collaboration with the Regional Blood Bank, as part of its ongoing efforts to promote humanitarian values and social responsibility among students.

The campaign aimed to contribute to saving lives and ensuring a sufficient blood supply for those in need. It witnessed a positive turnout, with approximately 20 donors participating over the course of two days.

The importance of such initiatives lies in their vital humanitarian role in supporting the healthcare sector, as well as in instilling the values of volunteerism and generosity in students. They also serve to raise awareness about the significance of blood donation as a moral duty that helps save lives and fosters a more compassionate and united society.

"Drop of Hope" Blood Donation Campaign



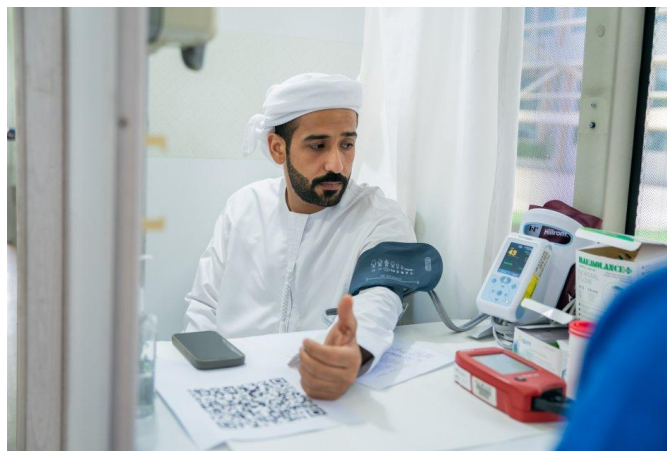
The Deanship of Student Affairs at Abu Dhabi Campus organized a blood donation campaign under the slogan "Drop of Hope," in collaboration with SEHA – Abu Dhabi Blood Bank Services. The initiative reflects the university's ongoing commitment to social responsibility and its dedication to fostering values of solidarity and generosity.

The Deanship emphasized that such campaigns are part of the university's continuous efforts to support health initiatives and raise awareness among students and the community about the importance of blood donation, as a humanitarian act that helps save lives and promotes social cohesion.

The Deanship also stressed the importance of instilling a culture of volunteerism among students, faculty, and staff, highlighting its positive role in building a cohesive and conscious society.

The campaign witnessed strong participation from students and university staff, who expressed their pride in taking part in this humanitarian initiative and affirmed their commitment to supporting charitable activities that benefit the broader community.

Blood Donation Campaign Under the Slogan “Your Donation Saves Lives”



The Deanship of Student Affairs at Al Ain University – Abu Dhabi Campus, in cooperation with the Blood Bank Services – SEHA, organized a blood donation campaign under the slogan “Your Donation Saves Lives,” coinciding with the Year of the Family. This initiative reflects the university's commitment to promoting the values of human solidarity and social responsibility, and to raise awareness about the importance of blood donation in supporting patients and saving lives.

The campaign witnessed a large turnout and remarkable participation from students and staff, as well as from members of the community outside the university. This demonstrates the high level of community awareness regarding the importance of humanitarian initiatives and their role in serving society and fostering a culture of giving and cooperation.

This campaign is part of a series of community and humanitarian initiatives organized by the university to enhance community engagement and encourage members of the university community to actively contribute to volunteer and humanitarian work.

3. Universal Design for Inclusion

FORMAL • CURRICULUM-INTEGRATED • END-USER INFORMED • MEASURABLE

AAU is one of six UAE university partners in the National Multiple Sclerosis Society's Universal Design for Inclusion Program, a structured initiative serving People of Determination and people living with chronic conditions.

3.1 Programme design and community relevance

The National Multiple Sclerosis Society (NMSS) signed a formal MoU with six UAE universities, including AAU, to integrate accessibility-focused learning into university curricula. The programme focuses on cognitive, mobility and communication barriers experienced by People of Determination, especially people living with multiple sclerosis and other chronic conditions. Students engage through awareness sessions, expert-led workshops, empathy activities, mentorship and direct interaction with end-users.

Scale announced for the multi-university programme: six universities across 11 campuses, more than 500 students, more than 45 faculty/industry experts and more than 15 immersive workshops.

Implementation approach: empathy workshops, expert mentorship, real-world design challenges and final prototypes assessed for feasibility, functionality and implementation potential.

Community voice: people living with chronic conditions and accessibility advocates participate as end-users, grounding student solutions in lived experience.

Public evidence: [E10 AAU partnership in the Universal Design for Inclusion Program](#) • [E11 National MS Society — MoU with UAE universities](#) • [E13 Emirates News Agency — inclusive-design programme coverage](#)

Al Ain University: A Key Partner in the Innovation for Inclusion Program with the National Multiple Sclerosis Society



In line with its commitment to promoting innovation and community service, Al Ain University has signed a Memorandum of Understanding with the National Multiple Sclerosis Society, becoming one of the leading universities in the UAE participating in the implementation of the "Innovation for Inclusion"

program. This initiative aims to empower students to develop innovative, accessibility-centered solutions that promote social inclusion—particularly for people of determination and individuals living with multiple sclerosis.

Al Ain University's participation reflects its ongoing efforts to integrate inclusive design principles into its academic curricula, while directing student projects toward impactful, real-world solutions. The program also aligns with the UAE's "Year of the Community" vision by fostering an educational environment focused on awareness, innovation, and practical applications that serve diverse community needs.

Through this program, Al Ain University students will benefit from hands-on opportunities, including awareness sessions and interactive workshops led by field experts, innovators in inclusive design, and—most importantly—end users living with chronic conditions. These experiences will deepen students' understanding of the cognitive, physical, and communication challenges people of determination face.

Participants will work on developing prototypes of their ideas, which will be presented to a panel of judges. Outstanding and impactful projects will be recognized and rewarded, with winning student teams gaining access to a specialized entrepreneurship program that provides mentorship, training, and support to transform their concepts into viable, real-world solutions.

Al Ain University takes pride in its active involvement in this national initiative, alongside other prominent UAE universities. This collaboration embodies the university's mission to empower its students as changemakers and innovators, equipped to deliver human-centered solutions that enhance quality of life. By placing inclusive design and accessibility at the heart of learning and innovation, the university reaffirms its leadership role in advancing community-driven development and building a more inclusive, sustainable future.

National MS Society Signs MoU with UAE Universities to Drive Inclusive Design Innovation



The National Multiple Sclerosis Society (NMSS) has signed a Memorandum of Understanding (MoU) with six leading universities across the UAE as part of the Universal Design for Inclusion Program. This landmark agreement formalizes NMSS's collaboration with higher education institutions, integrating accessibility-focused learning into university curricula and empowering students to develop innovative solutions that enhance inclusivity.

Designed to raise awareness on cognitive, mobility and communication challenges faced by People of Determination, the program will empower youth to develop innovative, accessibility-focused solutions that address real-world needs.

As one of NMSS's flagship initiatives, the program aims to educate university students about multiple sclerosis (MS), while equipping them with the knowledge and skills to develop universally accessible and culturally relevant designs - fostering a more inclusive environment where everyone can be an active part of society.

Delivered in partnership with leading universities across the UAE, the Universal Design for Inclusion program provides students with opportunities to explore inclusive design principles through NMSS-led awareness sessions, expert-led workshops, and interactive discussions with inclusive innovators and, most importantly, the end-users—people living with a chronic condition. These immersive, interactive sessions allow students to gain a deeper understanding of the barriers faced by People of Determination, empowering them to develop viable solutions that promote accessibility and inclusion.

His Excellency Ahmed Taleb Al Shamsi, Chief Executive Officer of Emirates Foundation and Vice Chair of the National Multiple Sclerosis Society, said:

“Empowering youth to become changemakers is at the heart of this program. The Youth Awareness Program is a crucial step in supporting a new generation of innovators who are committed to designing a more inclusive future. This initiative is about more than awareness; by combining education with practical design challenges, we are empowering students to become advocates for accessibility and equipping them with the skills to create meaningful solutions that improve lives.

We are especially grateful to the universities and faculty members who have integrated this program into their curriculum. Their commitment has made this initiative possible, ensuring that students engage with accessibility as a core design principle from the outset of their careers. This initiative is about more than awareness; it's about action. By involving students directly in the creation of solutions, we are nurturing a generation that not only understands accessibility but champions it.”

A first-of-its-kind initiative at this scale in the country, the program is being implemented across six leading universities, spanning 11 campuses, including Abu Dhabi University, University of Sharjah, Dubai Institute of Design and Innovation (DIDI), Khalifa University, Al Ain University, and six Higher Colleges of Technology (HCT) campuses in Abu Dhabi, Al Ain, Dubai, Sharjah, Fujairah, and Ras Al Khaimah. The initiative will involve over 500 students, more than 45 faculty members and industry experts, and host over 15 immersive workshops.

Students began their journey with Empathy Workshops, which offered them firsthand insights into the lived experiences of people with chronic conditions. These immersive sessions allowed participants to experience and understand daily challenges through interactive activities, ensuring that student-led innovations are informed by real-world needs. Subsequent mentorship and educational workshops included industry experts inspiring students with their own solutions, start-ups and successful outcomes. Accessibility advocates and chronic illness ambassadors also played a key role in the program, sharing real-world insights into communication, mobility, and cognitive challenges as end-users.

Students will present their final prototypes to a panel of experts, who will assess their feasibility, functionality, and potential for implementation. Outstanding projects will be recognized through an expert jury award, reinforcing the importance of inclusive, solution-driven design.

The top three winning student teams will be onboarded into the Sharjah Entrepreneurship Center (Sheraa) youth incubation platform, Startup Dojo. This collaboration provides young innovators with mentorship, pitch training, and access to grant disbursement guidance, helping them develop their prototypes into real-world solutions.

Her Excellency Sara Belhaif Al Nuaimi, CEO of Sharjah Entrepreneurship Center (Sheraa), said:

“At Sheraa, we’re proud to support the final stage of the Universal Design for Inclusion Program by welcoming the winning teams into our Startup Dojo. This reflects our commitment to empowering youth to turn inclusive ideas into scalable ventures that address real societal needs.”

She added: “We believe inclusivity is key to strong, thriving communities. This program provides students valuable insight into real-world challenges and inspires practical solutions for all. At Sheraa, we’re proud to help turn these ideas into reality through mentorship and support—shaping a more inclusive future.”

Sheraa will provide a mentorship session for the winners and runners-up, guiding them through the grant disbursement process, as well as a pitch training session to help them prepare for their final presentations at the September awarding event.

Aligned with the UAE’s national vision for inclusion, the program reinforces the importance of universal design in education, public spaces, and community engagement. By fostering early exposure to accessibility-driven innovation, NMSS aims to cultivate a future where students of all abilities collaborate to design a world that is not just for people of determination but with them.

In keeping with the UAE’s Year of Community slogan, Hand in Hand, the initiative mobilizes key players across the ecosystem - including industry leaders, educators, and community members - to drive inclusive design forward. This collaborative effort embeds accessibility at the core of innovation, ensuring that inclusion is a shared responsibility that strengthens society as a whole.

3.2 Published inaugural-cycle outcomes

NMSS’s September 2025 outcome report records more than 80 students and over 30 submitted design projects across the inaugural cycle, supported by more than 45 faculty and industry mentors. Projects addressed cognitive, communication and mobility barriers; winning concepts included an Arabic-support AI text-simplification tool, an emergency-sound alert bracelet and an assistive grip device. These are network-level outcomes across all partner universities; AAU-specific participant and project counts were not publicly disaggregated.

Evidence dimension	Published detail
Need addressed	Cognitive, communication and mobility barriers; chronic-condition inclusion
Outreach mechanism	Curriculum integration, awareness sessions, workshops, end-user dialogue and student design challenges
Beneficiary orientation	People of Determination and people living with MS or other chronic conditions
Published outputs	>80 students; >30 design projects; three winning solutions (programme-wide)
Why it matters for 3.3.2	Sustained youth engagement and practical solutions intended to improve accessibility, participation and wellbeing

Public evidence: [E12 National MS Society — inaugural programme outcomes](#) — Outcome figures are programme-wide; no AAU-only count is claimed.

National MS Society Awards Top Student Projects in Universal Design for Inclusion Program



The National Multiple Sclerosis Society (NMSS) has announced the three winning projects of the inaugural edition of the Universal Design for Inclusion Program. Part of NMSS’s youth awareness efforts, the program was delivered in partnership with six leading UAE universities across 11 campuses and supported by more than 45 faculty and industry mentors.

The inaugural cycle brought together over 80 students who worked in teams to submit more than 30 design projects that tackled challenges in three focus areas; cognitive, communication, and mobility, where people living with multiple sclerosis and other chronic conditions often face limitations in daily life.

In the Cognitive category, the winning project was Lexy, an AI-powered tool developed by students at the Higher Colleges of Technology Sharjah that simplifies complex text and tracks clarity in real time. With

Arabic language support, the tool offers valuable assistance to people living with conditions that affect memory and concentration.

In Communication, the winning innovation was Ni'mah, a discreet smart bracelet developed by students at the University of Sharjah. The bracelet translates emergency sounds into light and vibration alerts, helping individuals with hearing impairments respond quickly in critical situations.

In the Mobility category, VersaGrip was selected as the winning project. Developed by students at the Dubai Institute of Design and Innovation (DIDI), the AI-powered assistive grip device draws inspiration from Emirati jewelry, blending cultural identity with functionality and reducing stigma around assistive technology.

A first-of-its-kind initiative at this scale in the UAE, the program underscores NMSS's ongoing commitment to building a more inclusive society through youth engagement and education.

Maral Alexandrian, Acting Executive Director at the National MS Society said:

"What stood out in this program was the creativity of the solutions and the empathy behind them.

Each project reflected a deep awareness of the lived experiences not only of people with MS, but also of anyone whose mobility, communication, or cognitive abilities are impacted in ways that make daily life less accessible. Universal Design does not ask us to accommodate; it challenges us to create a world that works for everyone. By embracing this principle, participants proved that accessibility is not a limitation but a catalyst for innovation. This program is cultivating a generation of problem-solvers whose impact will extend far beyond its walls, advancing NMSS's vision of a society where inclusion and opportunity are daily realities, not distant aspirations.

I extend my heartfelt gratitude to the faculty and leadership of the partner universities. Their dedication to becoming early adopters of the program was truly instrumental in its success." She concluded.

The program aims to equip university students with the knowledge and skills to create designs that are universally accessible and culturally relevant, while raising awareness of how thoughtful innovation can make life more inclusive.

Delivered in partnership with Abu Dhabi University, Al Ain University, Dubai Institute of Design and Innovation (DIDI), Higher Colleges of Technology (HCT), Khalifa University, and the University of Sharjah, the initiative provided students with opportunities to explore inclusive design through empathy workshops, interactive sessions with people living with chronic conditions, and mentorship from industry professionals.

The Universal Design for Inclusion Program reflects NMSS's commitment to youth awareness by preparing the innovators of tomorrow to view accessibility as a foundation for progress. By equipping emerging professionals with the principles of Universal Design, we can ensure the next generation enters their fields ready to embed accessibility and inclusion from the very start.

3.3 Independent corroboration

Emirates News Agency independently reported the MoU, partner institutions, 11-campus reach, planned scale and workshop model. This external corroboration strengthens the credibility and public visibility of AAU's participation beyond the university's own announcement.

Public evidence: [E13 Emirates News Agency — inclusive-design programme coverage](#)

National Multiple Sclerosis Society advances inclusive design innovation



ABU DHABI, 21st April, 2025 (WAM) -- The National Multiple Sclerosis Society (NMSS) has signed a Memorandum of Understanding (MoU) with six leading universities across the UAE as part of the Universal Design for Inclusion Program, aimed at integrating accessibility-focused learning into higher education and empowering students to create innovative, inclusive solutions.

The initiative seeks to raise awareness about cognitive, mobility and communication challenges faced by People of Determination, particularly those living with chronic conditions such as multiple sclerosis.

Led in partnership with Abu Dhabi University, University of Sharjah, Dubai Institute of Design and Innovation (DIDI), Khalifa University, Al Ain University, and six campuses of Higher Colleges of Technology (HCT), the programme spans 11 campuses and involves over 500 students, 45 faculty members and more than 15 immersive workshops.

Students began with Empathy Workshops offering firsthand insight into the experiences of people with chronic conditions. These were followed by expert-led mentorship sessions and workshops that introduced real-world design challenges and solution development.

Ahmed Taleb Al Shamsi, CEO of Emirates Foundation and Vice Chair of NMSS, said the programme equips youth to be changemakers, stating, "This initiative is about more than awareness; it's about action. By

involving students directly in the creation of solutions, we are nurturing a generation that not only understands accessibility but champions it.”

Students will present their final projects to a panel of experts, with the top three winning teams joining the Sharjah Entrepreneurship Center (Sheraa) youth incubation platform, Startup Dojo, to further develop their prototypes into viable solutions.

Sara Belhaif Al Nuaimi, CEO of Sheraa, affirmed the centre’s support, saying, “We’re proud to help turn inclusive ideas into scalable ventures. This programme offers students valuable insight into real-world challenges and inspires practical solutions for all.”

The programme aligns with the UAE’s national inclusion strategy and Year of Community theme, Hand in Hand, by bringing together educators, industry leaders and the community to drive inclusive innovation across sectors.

RESPONSIVE OUTREACH

4. Ad hoc outreach, 2024–2026

The following initiatives are valuable but are classified conservatively as ad hoc unless separate evidence proves scheduled recurrence. The table prioritises current, topic-specific and publicly accessible records and makes the audience/reach visible.

Year	Initiative	Health/wellbeing content	Community reach / partner	Source
2024	We Care	Screenings for blood pressure and diabetes; BMI; physiotherapy and nutrition consultations; mental-health lecture on CBT	University/community participants; Sheikh Khalifa Medical City partner	E19
2024	World No Tobacco Day	Smoking harms, diseases, second-hand exposure, cessation; blood-pressure, glucose and cholesterol checks	Participants served with Al Jahili Health Center	E17
2024	Breast Cancer Awareness Day	Early detection and prevention; student posters and quizzes	Health Club with six medical providers	E18
2024	Challenge Games	Sports, physical activity, healthy nutrition and student-designed lifestyle projects	Students and attendees across Al Ain and Abu Dhabi campuses	E15
2024	Elderly-care home visit	Intergenerational engagement; awareness of therapeutic and recreational services; gifts and psychosocial support	Older residents in Sharjah; student volunteers	E16
2024	Sports for People of Determination	Inclusive sport, participation barriers and accessible sporting environments	Zayed Higher Organization; student visit/workshop	E20
2025	Sports and Society	Recreational sport, free medical checks and wellness presentations; physical and mental wellbeing	Students, attendees, sports clubs and medical centres	E14/E22
2025	Royal Health awareness event	ECG, echocardiography, respiratory and blood tests; chronic-disease prevention advice	University community; Royal Health Hospital	E21
2025	Health campaigns and World Health Day	Medical awareness, screenings and provider-supported preventive health activity	University/community attendees with medical centres	E23/E24
2025	Threads of Hope	Breast-cancer awareness and hope-centred health communication	University/community audience	E25
2026	Healthy Family... Healthy Community	Health awareness linked to family wellbeing and social responsibility	Public AAU event/news record	E26

2026	Ramadan: Health and Balance	Healthy-living awareness during Ramadan; nutrition and lifestyle relevance	Public AAU event/news record	E27
2026	Youth drug-prevention workshop	Prevention awareness focused on young people	Youth/student audience	E28
2026	Open Health Day with QV	Skin-care awareness and preventive wellbeing	University/community participants with QV	E29

BREADTH AND INCLUSION

5. Health-theme and beneficiary coverage

AAU's public evidence covers a broad cross-section of the topics named in the indicator. The matrix below connects each theme to an actual delivery record instead of relying on a general statement of intent.

Theme	What AAU addressed	Illustrative delivery	Source
Preventive health and screening	Blood pressure, glucose, cholesterol, BMI, heart and respiratory tests; early detection	We Care; No Tobacco Day; Royal Health; World Health Day	E17/E19/E21/E24
Nutrition and healthy lifestyles	Nutrition consultations, healthy-eating projects and Ramadan balance	We Care; Challenge Games; Ramadan: Health and Balance	E15/E19/E27
Sports and exercise	Recreational activity, positive competition, mental wellbeing and inclusive sport	Sports and Society; Challenge Games; People of Determination workshop	E14/E15/E20/E22
Aging well	Social connection, dignity, intergenerational understanding and awareness of therapeutic/recreational care	2024 elderly-care home visit	E16
Mental and social wellbeing	CBT awareness, anxiety/depression relevance, companionship and family cohesion	We Care; elderly-care visit; Healthy Family	E16/E19/E26
Cancer prevention/support	Breast-cancer early detection and awareness; historic psychosocial support to children with cancer	Breast-cancer campaigns; Community Engagement portfolio	E04/E18/E25
Tobacco and substance prevention	Smoking harms/cessation and youth drug-prevention awareness	World No Tobacco Day; youth drug-prevention workshop	E17/E28
Disability/chronic-condition inclusion	Accessible design; cognitive, communication and mobility needs; inclusive sport	Universal Design for Inclusion; sports workshop	E10–E13/E20
Health-system support	Recurring blood donation and health-provider collaboration	Blood-donation series; medical-centre campaigns	E06–E09/E23
Family wellbeing	Family health awareness and shared social responsibility	Healthy Family... Healthy Community	E26

5.1 Community groups reached

People of Determination and people living with chronic conditions: formal inclusive-design programme and disability-inclusive sport engagement.

Older persons: an off-campus student-volunteering visit focused on connection, quality of life and awareness of care services.

Young people: student-led health education, sport, prevention and design-for-inclusion activities.

Families and the wider health system: family-wellbeing awareness, blood donation and provider-supported screening activities.

EVIDENCE ASSURANCE

6. Continuity, governance and evidence quality

6.1 Institutional ownership

The activities are attributable to AAU institutional bodies: the Deanship of Student Affairs and its Community Engagement, Health, Volunteer, Social and Sports structures; the Colleges of Pharmacy, Education, Communication and Media; and university-level partnership arrangements. External delivery partners include hospitals, health centres, rehabilitation and disability organisations, medical centres and a national patient association.

Public evidence: [E04 AAU Community Engagement Office](#) • [E05 College of Pharmacy — Community Engagement](#) • [E10 AAU partnership in the Universal Design for Inclusion Program](#) • [E30 2026 MoU with Al Ain Training & Rehabilitation Center](#)

Community Engagement Office

This office aims to strengthen the University's ties with the community and to help advance it in all aspects so as to cater for the various needs and requirements. The University also exerts all effort to establish its place in the local community to enhance the society's realization of AAU's significance as an academic institution well- deserving of the community's support to achieve its goal of providing the nation with a mature, intellectual generation that will serve the community in all aspects. The activities which help accomplish these goals include, but are not restricted to:

Offering high school top scoring students scholarships.

Delivering seminars and workshops for various institutions such as schools and colleges.

Contacting other universities to exchange experience and student activities.

Taking part in events organizations hold such as awareness campaigns.

Preparing for national events in line with the nation's celebrations.

Organizing awareness campaigns for numerous issues of relevance and importance to the whole community such as breast cancer, smoking, and safe driving.

Arranging different visits to social organizations such as orphanages, and special needs' centers.

Community Engagement

The College of Pharmacy at Al Ain University has been involved in community engagement activities through faculty and students including:

Participating in the Thalassemia awareness program in cooperation with the UAE Thalassemia Society and the Blood Bank.

Giving lectures about the dangers of narcotics to the university students;

Giving lectures to the secondary school students relating to the danger of smoking and the role of breakfast in the enhancement of the student's body;

Giving awareness lectures regarding the relationship between obesity and diabetes;

Giving awareness lectures regarding the use of alcohol and its addiction;

Giving a lecture about chemical pollutants and food contaminants.

Participating in Al Ain Municipality event and campaign against narcotics;

Giving awareness lectures against smoking and the hazards linked to it at the Handicap Center;

Participating in Al Ain Municipality event and campaign against obesity and diabetes;

Participating in Tawam Hospital Breast Cancer awareness campaign;

Participating in Al Ain Hospital safety week which involves an awareness campaign about drug abuse and drug safety;

Visit of the Al Ain Private Center for Care and Rehabilitation of Special Needs;

Organizing and celebrating the international day for older person in collaboration with Al Ain municipality town center;

Free screening and measurement of body mass and examination of blood sugar level during the Government celebration of the International Day of Diabetes;

Giving awareness lectures about the effect of Lack of vitamin D on bone and teeth.

Al Ain University: A Key Partner in the Innovation for Inclusion Program with the National Multiple Sclerosis Society



In line with its commitment to promoting innovation and community service, Al Ain University has signed a Memorandum of Understanding with the National Multiple Sclerosis Society, becoming one of the leading universities in the UAE participating in the implementation of the "Innovation for Inclusion" program. This initiative aims to empower students to develop innovative, accessibility-centered solutions

that promote social inclusion—particularly for people of determination and individuals living with multiple sclerosis.

Al Ain University's participation reflects its ongoing efforts to integrate inclusive design principles into its academic curricula, while directing student projects toward impactful, real-world solutions. The program also aligns with the UAE's "Year of the Community" vision by fostering an educational environment focused on awareness, innovation, and practical applications that serve diverse community needs.

Through this program, Al Ain University students will benefit from hands-on opportunities, including awareness sessions and interactive workshops led by field experts, innovators in inclusive design, and—most importantly—end users living with chronic conditions. These experiences will deepen students' understanding of the cognitive, physical, and communication challenges people of determination face.

Participants will work on developing prototypes of their ideas, which will be presented to a panel of judges. Outstanding and impactful projects will be recognized and rewarded, with winning student teams gaining access to a specialized entrepreneurship program that provides mentorship, training, and support to transform their concepts into viable, real-world solutions.

Al Ain University takes pride in its active involvement in this national initiative, alongside other prominent UAE universities. This collaboration embodies the university's mission to empower its students as changemakers and innovators, equipped to deliver human-centered solutions that enhance quality of life. By placing inclusive design and accessibility at the heart of learning and innovation, the university reaffirms its leadership role in advancing community-driven development and building a more inclusive, sustainable future.

AAU Signs MoU with Al Ain Training & Rehabilitation Center



In line with its commitment to strengthening community partnerships and integrating efforts in education and rehabilitation, Al Ain University has signed a Memorandum of Understanding (MoU) with Al Ain Center for Training and Rehabilitation, aiming to enhance joint collaboration in supporting and empowering People of Determination.

The agreement was signed by Prof. Ghaleb El Refae, President of Al Ain University, and Mr. Ali Mohammed Abdul Shafi, Director of Al Ain Center for Training and Rehabilitation, in the presence of representatives from both entities.

Prof. Ghaleb El Refae emphasized that this collaboration marks an important step toward developing impactful initiatives that empower People of Determination and enhance their academic and professional readiness. He highlighted the University’s commitment to leveraging its academic and research capabilities to support this group, in alignment with the UAE’s vision of building a more inclusive and sustainable society.

The MoU aims to establish an effective framework for cooperation between both parties, including organizing training and rehabilitation programs, conducting workshops and awareness seminars, and exchanging academic and professional expertise, ultimately enhancing the quality of services provided and improving beneficiaries’ quality of life.

The collaboration also covers joint research projects in disability and rehabilitation, the development of specialized vocational training programs, and the provision of practical training opportunities for university students to enhance their employability and hands-on experience.

In addition, the agreement includes organizing joint community and awareness initiatives, participating in national programs that raise awareness of issues affecting People of Determination, and exchanging educational and technical resources to support sustainable community impact.

This agreement reflects Al Ain University’s ongoing efforts to expand its network of partnerships with specialized institutions, reinforcing its role in community service and supporting diverse groups, in line with the UAE’s strategic direction toward empowering People of Determination and promoting their full inclusion in society.

6.2 Evidence hierarchy

Weight	Test	Example	Status
Strongest	Formal partner programme with published design and outcomes	Universal Design for Inclusion	AAU + NMSS + WAM
Strong	Multi-year recurrence demonstrated by dated public records	Blood-donation series, 2024–2026	AAU official pages
Strong	Institutional planning and governance	Activities Plan; year-end completion; standing office	AAU official pages
Supporting	Dated one-off delivery record with named topic/partner	Sports, screening, cancer, tobacco, older persons	AAU official pages
Context only	Older or undated portfolio evidence	2012–2018 activities and college portfolio	Not used as current proof

6.3 Reporting-year discipline

THE’s 2026 methodology identifies 2024 as the reporting year for indicator 3.3.2. Accordingly, this report preserves a clearly marked 2024 core evidence set and treats 2025–2026 records as continuity/current-update evidence. Submission teams can select the appropriate subset for the active portal year without changing the classification logic.

Public evidence: [E01 THE Sustainability Impact Ratings Methodology 2026](#)

6.4 Legacy evidence retained—but not presented as current

The previous report included useful institutional history: an older-person event with Al Ain Municipality (2012), smoking-harm education (2016) and Suqya Zayed support for outdoor labourers (2018). These records demonstrate a longer tradition, but this update does not use them to substantiate current delivery. The same safeguard applies to undated portfolio items on thalassemia, obesity/diabetes, breast cancer, narcotics and special-needs outreach on the College of Pharmacy community-engagement page.

Public evidence: [E05 College of Pharmacy — Community Engagement](#) • [E32 2018 Sugya Zayed initiative for outdoor labourers](#) • [E33 2012 AAU and Al Ain Municipality celebrate older persons](#) • [E34 2016 smoking-harm awareness lecture](#)

Community Engagement

The College of Pharmacy at Al Ain University has been involved in community engagement activities through faculty and students including:

Participating in the Thalassemia awareness program in cooperation with the UAE Thalassemia Society and the Blood Bank.

Giving lectures about the dangers of narcotics to the university students;

Giving lectures to the secondary school students relating to the danger of smoking and the role of breakfast in the enhancement of the student's body;

Giving awareness lectures regarding the relationship between obesity and diabetes;

Giving awareness lectures regarding the use of alcohol and its addiction;

Giving a lecture about chemical pollutants and food contaminants.

Participating in Al Ain Municipality event and campaign against narcotics;

Giving awareness lectures against smoking and the hazards linked to it at the Handicap Center;

Participating in Al Ain Municipality event and campaign against obesity and diabetes;

Participating in Tawam Hospital Breast Cancer awareness campaign;

Participating in Al Ain Hospital safety week which involves an awareness campaign about drug abuse and drug safety;

Visit of the Al Ain Private Center for Care and Rehabilitation of Special Needs;

Organizing and celebrating the international day for older person in collaboration with Al Ain municipality town center;

Free screening and measurement of body mass and examination of blood sugar level during the Government celebration of the International Day of Diabetes;

Giving awareness lectures about the effect of Lack of vitamin D on bone and teeth.

Al Ain University launches the "Zayed Water" initiative



As part of the Year of Zayed activities, the Deanship of Student Affairs at Al Ain University, at its headquarters in Al Ain, launched the "Zayed Water" initiative, during which the Deanship's employees distributed bottles of water and cold drinks to the workers during the afternoon.

This initiative aimed to alleviate the effects of the intense summer heat and bring joy to the children. It also reflects the spirit of the Year of Zayed 2018 and the noble values and principles instilled in the people of the UAE by the late Founding Father, Sheikh Zayed bin Sultan Al Nahyan, may God have mercy on him, foremost among them the values of kindness and generosity.

AAU and Al Ain Municipality Celebrate Older Persons



In collaboration with Al Ain Municipality – Town Center sector, the AAU Deanship of Student Affairs organized an event marking the International Day of Older Persons.

The event is in tandem with the AAU's goals to integrate older persons in the social and cultural activities as well as enhance the community's awareness with regard to the caring of the elderly and highlighting the experience and knowledge the older persons transmit to the youth.

Dr. Ibtehal Aburezq, Dean of Student Affairs, pointed that it is vital to mark this day and use it to strengthen ties between the older persons and other generations in the society. The older persons are the keepers of heritage who transmit our community's customs and traditions.

"Through this event, AAU aims at emphasizing the relationship between generations, to tend for the older persons socially and psychologically, and to fully include them in social events," she added.

The students engaged with the audience in discussions about the responsibilities the youth has towards the older persons in the teachings of Islam and the commandments of Quran and Hadith that stress the rights of the older persons.

The audience also recounted stories and anecdotes educating young people, urging them to treat their parents well, and reminding them that pleasing parents is linked to Allah's satisfaction. The audience was also urged to pay attention to the older persons in terms of providing medical advice and the special care they need.

At the end of the event, attended by older persons as well as members of the AAU and Al Ain Municipality, symbolic gifts were distributed as a gesture to bring joy to the older persons' hearts.

Lecture entitled (Dialogues of awareness about the harm caused by smoking)



Anxious to students' health and to spread awareness, the Deanship of Student Affairs organized a lecture entitled (Dialogues of awareness about the harm caused by smoking), which was organized in cooperation with College of Pharmacy in Al Ain University –Al Ain Campus. It was presented by Dr. Nadia Hussain, Assistant Professor in the College of Pharmacy. The lecture was attended by faculty and students from the College.

Dr. Nadia Hussain started with a brief about smoking, defined the meaning of Nicotine, what and how does it works, and its effects, She also, explained the reasons of why smokers are resort to such a bad habits.

She also defined the smoking triggers as: “The things that person do them daily and trigger them to smoke”, and mentioned how to notice and stop the smoking triggers. [Lecture_entitled_Dialogues_of_awareness_about_the_harm_caused_by_smoking_-_2.jpg](#)

After that, the lecture was about the ugly facts on smoking, risks from smoking: the risks, percentage of smokers between males vs females and the harmful, diseases that can be exposed to smoker, unlike the non-smokers.

The last part of the lecture was overshadowed by the tips of how to quit smoking successfully, such as, make a plan, adopt healthier lifestyle, and get support from family and friends.

Dr. Nadia Hussain summed up the lecture with the 10 health benefits if the smokers stop smoking, she added: “You can do it, because nothing in life is impossible”.

At last, Dr. Amal Youssef from the College of Pharmacy, honored Dr. Nadia Hussain for her efforts in presenting the lecture.

FINAL DETERMINATION

7. Conclusion

YES — AAU DELIVERS BOTH PROGRAMMED AND AD HOC OUTREACH

The programmed finding is supported by governance and planning, repeated campaigns and a formal inclusion programme with public outcomes. The ad hoc finding is supported by a current portfolio of health-awareness, screening, sport, nutrition, aging-well, mental-wellbeing, cancer-prevention, smoking/substance-prevention and family-wellbeing activities.

7.1 Most persuasive evidence for assessment

Universal Design for Inclusion: formal MoU, curriculum integration, end-user involvement and quantified multi-university outcomes; corroborated by NMSS and WAM.

Blood-donation campaign series: dated public evidence in 2024, 2025 and 2026 demonstrates recurrence.

Activities planning and community-engagement governance: public planning, completion and standing-office evidence establish institutional ownership.

2024 core portfolio: We Care, No Tobacco Day, Breast Cancer Awareness, Challenge Games, older-person volunteering and disability-inclusive sport provide reporting-year breadth.

7.2 Overall determination

On the public evidence reviewed, AAU can answer the indicator affirmatively for both categories. The evidence demonstrates delivery by the university as a body, not only individual participation, and shows that student volunteering is embedded within wider institutional structures. AAU’s strongest opportunity to improve further is systematic publication of beneficiary counts, volunteer hours, screening totals, referral outcomes and disaggregated community reach for each programme.

Public evidence: [E02 AAU Student Activities Unit — Activities Plan](#) • [E04 AAU Community Engagement Office](#) • [E06 2024 blood-donation campaign — Give Life, Donate Blood](#) • [E09 2026 blood-donation campaign — Your Donation Saves Lives](#) • [E11 National MS Society — MoU with UAE universities](#) • [E12 National MS Society — inaugural programme outcomes](#) • [E19 2024 We Care health initiative](#)

PUBLIC EVIDENCE

8. Evidence register

The register provides stable public links for verification. Evidence descriptions above are self-contained; the links are supplied for audit and publication. Official AAU pages are supplemented by partner and news-agency corroboration where available.

8.1 Methodology, structures and core evidence

ID	Type/year	Evidence and relevance	Public source
E01	Methodology	Current indicator definition, reporting year and evidence rules	THE Sustainability Impact Ratings Methodology 2026
E02	AAU structure	Public activities-planning instrument	AAU Student Activities Unit — Activities Plan
E03	AAU 2026	Year-end implementation/closure evidence	Deanship of Student Affairs concludes the 2025–2026 academic-year activities
E04	AAU structure	Standing community-engagement remit	AAU Community Engagement Office
E05	AAU portfolio	College-level health outreach portfolio	College of Pharmacy — Community Engagement
E06	AAU 2024	Blood-donation campaign	2024 blood-donation campaign — Give Life, Donate Blood
E07	AAU 2025	Blood-donation campaign	2025 blood-donation campaign — Giving and Social Responsibility
E08	AAU 2025	Second named blood-donation campaign record	2025 Drop of Hope blood-donation campaign
E09	AAU 2026	Blood-donation campaign; continuity	2026 blood-donation campaign — Your Donation Saves Lives
E10	AAU 2025	AAU participation in formal inclusion programme	AAU partnership in the Universal Design for Inclusion Program
E11	Partner 2025	Formal MoU, programme design and announced scale	National MS Society — MoU with UAE universities
E12	Partner 2025	Published inaugural-cycle outcomes	National MS Society — inaugural programme outcomes
E13	WAM	Independent corroboration of inclusion programme	Emirates News Agency — inclusive-design programme coverage
E14	AAU 2025	Community sport, wellbeing and screening	2025 Sports and Society — promoting sports in the community
E15	AAU 2024	Sports, nutrition and health awareness	2024 Challenge Games — sports, nutrition and health awareness
E16	AAU 2024	Off-campus older-person volunteering	2024 student visit to an elderly-care home in Sharjah
E17	AAU 2024	Smoking prevention and screening	2024 World No Tobacco Day health event
E18	AAU 2024	Breast-cancer prevention awareness	2024 Breast Cancer Awareness Day

8.2 Current-update, partnership and legacy evidence

ID	Type/year	Evidence and relevance	Public source
E19	AAU 2024	Screening, nutrition and mental-health awareness	2024 We Care health initiative
E20	AAU 2024	Disability-inclusive sport engagement	2024 workshop on sports for People of Determination
E21	AAU 2025	Hospital-supported screening and prevention	2025 Royal Health screening and health-awareness event
E22	AAU 2025	Sports Day event record	2025 Sports Day — Sports and Society event listing
E23	AAU 2025	Health campaign with medical centres	2025 health-awareness campaign with specialised medical centres
E24	AAU 2025	World Health Day medical event	2025 World Health Day comprehensive medical event
E25	AAU 2025	Breast-cancer awareness continuity	2025 breast-cancer awareness campaign — Threads of Hope
E26	AAU 2026	Family health and social responsibility	2026 Healthy Family... Healthy Community
E27	AAU 2026	Ramadan nutrition/lifestyle awareness	2026 Ramadan: Health and Balance
E28	AAU 2026	Youth drug-prevention awareness	2026 youth drug-prevention awareness workshop
E29	AAU 2026	Skin-care and preventive wellbeing	2026 Open Health Day — skin-care awareness with QV
E30	AAU 2026	Formal rehabilitation/community partnership infrastructure	2026 MoU with Al Ain Training & Rehabilitation Center
E31	AAU report	Annual institutional reporting	AAU Annual Report 2024–2025
E32	Legacy 2018	Outdoor-worker wellbeing; context only	2018 Sugya Zayed initiative for outdoor labourers
E33	Legacy 2012	Older-person wellbeing; context only	2012 AAU and Al Ain Municipality celebrate older persons
E34	Legacy 2016	Smoking awareness; context only	2016 smoking-harm awareness lecture

Editorial note: The update prioritises stable official pages and named external corroboration. No claim relies solely on a social-media post, and no participation or beneficiary figure is presented as AAU-specific unless the public source disaggregates it.