



Jun 12, 2025

Health Awareness Event Toward a Healthier and More Informed University Community

The Deanship of Student Affairs at the Al Ain campus, in collaboration with the Czech Rehabilitation Hospital, organized a health awareness event attended by a number of faculty members, administrative staff, department heads, and students, as part of its ongoing efforts to promote health awareness within the university community.

The event included a range of health activities such as free screenings for blood pressure, blood sugar levels, and body mass index (BMI). A nutrition specialist was also present to provide free health consultations and practical advice on maintaining a healthy weight and preventing chronic diseases associated with obesity. Free gifts were distributed to participants in appreciation of their involvement.

The importance of such events lies in their educational and preventive role, as they contribute to spreading public health awareness among students and staff. They also encourage the adoption of a healthy lifestyle, which enhances overall quality of life on campus and supports the development of a health-conscious and responsible academic community.

[Press Release Link](#)